

Entering our 30<sup>th</sup> year of race directing, consulting & event management.

We are “dedicated to give you the best runaround”

EVENTS are also listed on the [www.Hitekracing.com](http://www.Hitekracing.com) calendar -PLEASE check for changes MOST EVENTS have lower fees for 18 & under

Only event **names in red** are owned by MS Running Productions. Most events & info can be found on [www.runsignup.com](http://www.runsignup.com)

MS Running Productions offers a variety of services to help you and your group have a successful event.

Call/email for a consult on how we can help you have the best event possible.

**FEBRUARY**

**Leap at the Last Chance for Romance** 3<sup>rd</sup> - a Leap Day Special! 3mi **Stratford** (appx # runners) **150**  
Feb 29 Sat 10am Boothe Memorial Park

<https://runsignup.com/Race/CT/Stratford/ASecondChanceForRomance>

**MARCH**

**Grand Marshal Gallop 5K** **NEW!** **Bringing back the St Patrick's Tradition** **Bridgeport** **300**  
March 15 9am Hosted by the Bridgeport St Patrick's Parade Organization  
Murphy's Law-Fairfield Ave

<https://runsignup.com/Race/CT/Bridgeport/TheGRANDMARSHAL5K>

**James Mattioli 5k** 7<sup>th</sup> **Run, Walk, kids scamper** **Milford** **700**  
March 28 Sat 9am <https://runsignup.com/Race/CT/Milford/TheJamesMattioli5kRunorWalk> Fowler Field  
To honor James & the spirit and heart he shared with his family, friends, classmates, & community

**Falcon Fling 5k** **NEW!** **Run or walk – all are welcome** **Fairfield** **250**  
March 22 9am This new 5k will benefit the Fairfield Ludlowe HS track programs  
Ludlowe HS  
<https://runsignup.com/Race/CT/Fairfield/FalconFling>

**Boston Blowout** 23<sup>rd</sup> **Your Choice of 30K/20k/10k** **Fairfield** **175**  
March 29 7:30am [www.clubct.org](http://www.clubct.org) 18.6mi, 12.4mi, or 6.2 miles- choice  
Scandinavian Club S. Pine Creek Rd.

**APRIL**

**Beach Bunny 5k** **New!** **5k run/walk, 1 mile walk, kids run, & town EGG HUNT** **Fairfield** **New**  
April 11 Sat 9am The newest event in town- before the venerable Kids Egg Hunt  
Jennings Beach Pavilion  
<https://runsignup.com/Race/CT/Fairfield/BeachBunny5K>

**Dragon Dash** 8<sup>th</sup> **5k run or walk & kids runs** **Greens Farms/Westport** **300**  
April 18 9am A great course with water views  
Greens Farm Academy  
<https://runsignup.com/Race/CT/GreensFarms/TheGreensFarmAcademyDragonDash>

**The Donnelly Dash** 15<sup>th</sup> **Community Challenge 3.5 mi run/1.5 mi walk/kids** **Fairfield** **350**  
April 26 9am In memory of our friends Tim & Kim Donnelly  
Tomlinson Middle School  
FREE Kids Runs  
<https://runsignup.com/Race/CT/Fairfield/TheDonnellyDash>

**MAY**

**Cohen & Wolfe presents** 8<sup>th</sup> **Cinco de Mayo 5k run, 1 mi walk & Kids hot pepper run** **Orange** **300**  
May 2 9am Hosted by the Orange Chamber of Commerce  
High Plains Community Center  
New Date/weekend **Tacos & Margaritas Catered by Taco Loco** **“Get your Cinco de Mayo on early!”**  
<https://runsignup.com/Race/CT/Orange/CohenandWolfCincoKDeMayoRoadRace>

**Redding Road Races** 9<sup>th</sup> **Run for the cows Half marathon & 7 miler** **Redding** **1000+**  
May 3 8am *This is an MSRP consulting event – it is sold out*  
New Pond Farm

**Live Well for Health\*\*\*** 27<sup>th</sup> **5K run, 1.3mi walk, kids run** **Milford** **600**  
May 10 (Mom's Day) 9am To benefit the Bridgeport Hospital Foundation Scenic course  
Milford Hospital  
<https://runsignup.com/Race/CT/Milford/MilfordHospitalLiveWell5K2MileWalk>

**Sally's Run & Whittingham Walk** 16<sup>th</sup> **5Krun/3k walk** **Norwalk** **550**  
May 16 Sat. 8:30am Whittingham Cancer Center at Norwalk Hospital  
Calf Pasture Beach  
**NEW MONTH, DATE AND NEW COURSE** Run, walk, and stay to enjoy the beach!  
[www.nhwalkrun.org](http://www.nhwalkrun.org)

**CORPORATE FUN RUNS - 2<sup>nd</sup> 5k Run & Walk For Everyone** **Westport 300**  
 May 21 **Thursday** 6:30pm Join hundreds of friends, individuals and teams, for a great evening of fun, food & froth! Scenic course on sand, cinder & road  
 Sherwood Island State Park  
[www.corporatefunrun.com](http://www.corporatefunrun.com)

**THE PARK CITY CLASSIC 16<sup>th</sup> 5K / 5 mile & kids run** **Bridgeport 700**  
**Back for year 2 of the new name- with the same great course & amenities**

May 24 **9:00am** Flat, fast, scenic water views through Seaside Park Webster Bank Arena  
 (Formerly) The Aquarion/Barnum Festival races have been renamed - but you will still be treated to a great event!  
**Vazzy's food truck**, pizza and lots more will be there. **Join us for the fun.**  
<https://runsignup.com/Race/CT/Bridgeport/theparkcityclassic>

**Jason Albarelli Memorial 3<sup>rd</sup> 5k, 1.2mi walk, & Fundraiser** **Bridgeport 200**  
 May 29 **(new month)** Fri 6:30pm Creating a legacy for Jason & others lost to addiction while supporting change for the future  
 Black Rock/St Ann's field  
<https://runsignup.com/Race/CT/Bridgeport/JasonAlbarelliMemorial5k>

**JUNE**  
**Run For The Rock 38<sup>th</sup> Part of 'Black Rock Day' 5K run & walk** **Bridgeport limit 550**  
 June 14 9am *The little 'race in the hood'!* Great water views of the Sound  
 Black Rock Norden's Club  
 With a .1mi kids run 8:45am  
<https://runsignup.com/Race/CT/Bridgeport/RunForTheRock>

**MILFORD MOVES for Veterans 7<sup>th</sup> 5k run or walk** **MILFORD limit 500**  
 June 21 9am **ON FATHERS DAY & PARTNERING WITH COLONY GRILL**  
 Lismans Landing  
 A great scenic course – followed by the COLONY GRILL PIZZA TRUCK & free beer tickets  
<https://runsignup.com/Race/CT/Milford/MilfordMovesforVeterans5K>

**Shamrock Sprint 4<sup>th</sup> 5k Run & Walk** **Fairfield 250**  
 June 20 Sat 9am To benefit the John Patrick Flanagan Foundation  
 Audubon Ctr on Burr St  
<https://runsignup.com/Race/CT/Fairfield/jpffshamrocksprint>

**Run 4 Suds NEW! 1<sup>st</sup> 4k run & 1.2mi walk** **Shelton 400?**  
 June 25 Thur 6pm The Logic Brokers present Shelton's BEST Corporate event  
 Scinto Towers  
 Your run or walk will be followed by food & froth (21 & over)  
 4K is OK! <https://runsignup.com/Race/CT/Shelton/RUN4SUDS>

**Rock'n Roots Run 5<sup>th</sup> Celebrate the Revolution 9K (5.59mi) & NEW 5k** **Redding 700**  
 June 27 Sat 6pm A challenging & rolling course featuring runs thru Putnam Park  
 Redding Historical Society  
<http://www.reddingrocknroots.com/> This event is directed by the founder of the Redding Run for the Cows- John McCleary

**JULY**  
**Fairfield Police Run 3<sup>rd</sup> 5k run, 1 mile walk & kids scamper** **Fairfield 1000 limit**  
 July 22 Wednesday 6:30pm The flattest & funnest summer run!  
 Penfield 2 pavilion  
 Benefit-Police Scholarship Fund & Friends of Fairfield Senior Center  
 Beach, food trucks & beer!  
<https://runsignup.com/Race/CT/Fairfield/THEFAIRFIELDPOLICESUNSET5KOnemilewalkandKidsCopsScamper>

**Trumbull Sunset** **5k run & 1 mile walk** **Trumbull 400**  
 July 24 Friday 6:30pm A terrific run, course & finish around the pond- awesome food fest  
 Twin Brooks Park  
<https://runsignup.com/Race/CT/Trumbull/TrumbullRotarySunsetRun>  
 Hosted by the Trumbull Rotary

**WATCH FOR A SPECIAL SUMMER SERIES-**  
**in Stratford that will involve gradually longer distances & adult beverages at the end.**

**AUGUST**  
**MADD Dash of Ffld. Cty. 31<sup>st</sup> Anniversary 5K run /2mi walk** **Stratford 400**  
 Aug 1 Sat 9am Very scenic, very flat course with water views- supports MADD-CT  
 Short Beach  
<https://runsignup.com/Race/CT/Stratford/MADDDash5K>

**Floyd's Run** (tent) **5<sup>TH</sup> 5k Cross Country & 1 mile kids run** **North Branford** **200**  
 Aug 2 (tent) 9am In memory of Coach Floyd Parness & part of the N. Branford Potato & Corn Festival  
<https://runsignup.com/Race/CT/Northford/Floyds5K>

**Shore to the Pour** **6<sup>th</sup> 3mile run/1.2mi walk hosted by 2 Roads Brewery** **Stratford** **400**  
 Aug 22 Sat 9am Run roads, thru the Audubon at Stratford Point, & sand Short Beach  
<https://runsignup.com/Race/CT/Stratford/Shore2thePourBeachRun2019>

**New course** Finish at the pavilion- then rehydrate with the BEST of all craft beer-TWO ROADS BREWERY on tap & cans

**Light for Kara** **3<sup>rd</sup> 5K run & walk** **Norwalk** **NEW!**  
 Aug 23 Sun 9am To raise awareness for Maternal Mental Health Calf Pasture Beach  
<https://runsignup.com/Race/CT/Norwalk/lightforkara>

**SEPTEMBER**

**Only You 5k** **7<sup>th</sup> To benefit the Only You Foundation** **Fairfield** **500**  
 Sept 12 Sat 8:15am -1mi kids run 9am - 5k run, walk, or stroll Jennings Beach  
<http://www.onlyyoufoundation.org/>

**St Catherine's Run** **3<sup>rd</sup> 5K run, shorter walk, Kids fun run** **Trumbull** **200**  
 Sept 19 Sat 9am Kids run 8:30 With kids activities & fun for the family. St Catherine's School  
[https://www.facebook.com/SCSSAppleRun/?view\\_public\\_for=455758538207714](https://www.facebook.com/SCSSAppleRun/?view_public_for=455758538207714)

**Fall Distance Festival of Races** **21<sup>st</sup> Take your pick of distance 10/20/30k** **Stratford** **300**  
 Sept. 20 7:30am Scenic & FLAT, water views every mile, quite course Short Beach/Lordship  
<https://runsignup.com/Race/CT/Stratford/FallDistanceFestival>

**Tommy Mac Run / Walk** **10<sup>h</sup> 5K run & walk** **Stratford** **250**  
 Sept 26 Sat 9am <https://runsignup.com/Race/CT/Stratford/TommyMAC5K> Lordship Fire House  
 Cook out by The WINDMILL Pub in Stratford. Bar B Q and beer after your run/walk

**BIGELOW TEA COMMUNITY CHALLENGE** **34<sup>th</sup> 5K run, 2 mi walk, kids runs** **Southport** **1000**  
 Sept. 27 10:10 am A wonderful, family friendly event & buffet spread Wakeman's Club  
[www.bigelowtea.com](http://www.bigelowtea.com) Scenic run & walk through historic Southport & along the water.

**OCTOBER**

**Sound Tigers Run** (tent) **6<sup>th</sup> 5k run & walk** **Bridgeport** **250**  
 Oct 4 (tent) 9am Flat, scenic, fun course from the Arena and through Seaside Park Webster bank Arena  
<https://runsignup.com/Race/CT/Bridgeport/TheSOUNDTIGERS5KRunorWalk>  
 Everyone gets tickets for a future Sound Tigers Hockey game

**Running for Water for Africa** **9<sup>th</sup> 5K run & walk** **Milford** **300**  
 Oct 10 (tent) Sat 9am Bringing clean water to remote villages in Africa Walnut Beach  
<https://runsignup.com/Race/CT/Milford/RunningWaterForAfrica5K?remMeAttempt=>

**Habitat for Humanity Run & walk** **5K run & 1 mile walk** **Bridgeport** **300**  
 Oct 10 Sat 9am A beautiful flat course along the water Seaside Park  
<http://www.habitatcfc.org/RunforHome>

**GREAT PUMPKIN CLASSIC** **30<sup>th</sup> anniversary 5k run, 2 mi walk, kids runs** **Trumbull** **700**  
 Oct. 18 9:30am "One of the premier, top 50 races in New England" Trumbull High School  
<https://runsignup.com/Race/CT/Trumbull/GreatPumpkinClassic>

**Weston Half Marathon** **9<sup>th</sup> 13.1 mi & 5k runs** **Weston** **Limited to 800**  
 Oct. 25 8am Hosted by the Weston Kiwanis- a scenic & challenging course Weston High  
<https://runsignup.com/Race/CT/Weston/ReservoirRun> Great swag & food for all. Finisher medals for the half

|                      |                       |  |   |            |
|----------------------|-----------------------|--|---|------------|
| <b>Trick or Trot</b> | <b>9<sup>th</sup></b> | <b>5k run or walk</b>                                | <b>Milford</b>  | <b>300</b> |
| Oct. 31 Sat. 9am     |                       | A Treat for the entire family, water views on course | Lismans Landing   |            |
|                      |                       | Kids fun run before the race                         | <a href="https://runsignup.com/Race/CT/Milford/MilfordTrickorTrot5KRunWalk">https://runsignup.com/Race/CT/Milford/MilfordTrickorTrot5KRunWalk</a> |            |

**NOVEMBER**

|                       |                       |  |                       |                     |
|-----------------------|-----------------------|--|-----------------------|---------------------|
| <b>Vicki Soto Run</b> | <b>8<sup>th</sup></b> | <b>5K Run &amp; walk</b>   | <b>Stratford</b>      | <b>Limited 3500</b> |
| Nov. 7 Sat 10am       |                       | <a href="http://www.hitekracing.com/vickisoto5k/">http://www.hitekracing.com/vickisoto5k/</a>  | Avco Lot- 550 Main St |                     |
|                       |                       | Vicki gave her life for her children at Sandy Hook Elementary School.  |                       |                     |
|                       |                       | <i>In honor of Vicki's passion for education, the Vicki Soto Memorial Fund has been established. The monies raised for this fund will be used to support students that desire to enter the field of education.</i> |                       |                     |

|                                  |                        |   |                  |                     |
|----------------------------------|------------------------|---|------------------|---------------------|
| <b>Colony Grill Hot Oil Race</b> | <b>10<sup>th</sup></b> | <b>5k Run &amp; walk</b>  | <b>Fairfield</b> | <b>Limited 2200</b> |
| Nov. 8 9am                       |                        | Great course & thrilling to the end - the only race in Fairfield Country that finishes on the Post Rd!                                |                  |                     |
|                                  |                        | Colony Grill hot pizza & beer after the race. <b>This race was sold out last year 90 minutes after it opened</b>                      |                  |                     |
|                                  |                        | <a href="https://runsignup.com/Race/CT/Fairfield/ColonyGrillHotOil5K">https://runsignup.com/Race/CT/Fairfield/ColonyGrillHotOil5K</a> |                  |                     |

|                                |                       |   |                   |            |
|--------------------------------|-----------------------|---|-------------------|------------|
| <b>Veterans Day Run (tent)</b> | <b>4<sup>th</sup></b> | <b>3 miles &amp; 1 mile walk</b>  | <b>Rocky Hill</b> | <b>250</b> |
| Nov. 14 (tent) Sat 9am         |                       | Three loops of the Veterans Administration grounds  | V A Campus        |            |
|                                |                       | <a href="https://runsignup.com/Race/CT/RockyHill/VeteransDayClassic3milerunwalk">https://runsignup.com/Race/CT/RockyHill/VeteransDayClassic3milerunwalk</a> |                   |            |
|                                |                       | Long sleeve shirts, food, hot fluids, prizes  |                   |            |

|                    |                        |   |           |                  |              |
|--------------------|------------------------|---|-----------|------------------|--------------|
| <b>Turkey Trot</b> | <b>19<sup>th</sup></b> | <b>A Stratford Tradition</b>  | <b>5k</b> | <b>Stratford</b> | <b>1000+</b> |
| Nov 26 8:15am      |                        | A super flat & fast start to your Thanksgiving Day  |           | Stratford Center |              |
|                    |                        | <a href="https://runsignup.com/Race/CT/Stratford/StratfordTurkeyDayTrot">https://runsignup.com/Race/CT/Stratford/StratfordTurkeyDayTrot</a> |           |                  |              |

|                               |                        |   |                                |   |
|-------------------------------|------------------------|---|--------------------------------|---|
| <b>Cow Chip Cross Country</b> | <b>25<sup>th</sup></b> | <b>3mi+ off road run/walk</b>   | <b>Trumbull</b>                | <b>350</b>                                  |
| Nov. 28 Sat 9:30 am           |                        | A fun run on grass & trails – fun for all ages  | Trumbull High Biotech/Ag Bldg. |   |
|                               |                        | <b>This year &amp; for the future- To Benefit 'Make it Amazing' fighting childhood cancers</b>  |                                |   |
|                               |                        | Cow 'Chip off the ol' block' kids run <a href="https://runsignup.com/Race/CT/Trumbull/cowchipcross">https://runsignup.com/Race/CT/Trumbull/cowchipcross</a> |                                |   |
|                               |                        | Another year of mud, muck & mayhem!   |                                | <b>Pooping Cow Key Chains for Everyone!</b> |

**DECEMBER**

|                        |                        |   |                    |            |
|------------------------|------------------------|---|--------------------|------------|
| <b>Jingle Bell Run</b> | <b>31<sup>st</sup></b> | <b>5k run &amp; 1.2mi walk</b>  | <b>Trumbull</b>    | <b>500</b> |
| Dec. 5 Sat 9:30 am     |                        | A seasonally festive run thru the Nichols section of town w/jingle bells  | Nichols Town Green |            |
|                        |                        | <a href="https://runsignup.com/Race/CT/Trumbull/NIAJingleBellRun">https://runsignup.com/Race/CT/Trumbull/NIAJingleBellRun</a> |                    |            |

|                             |                        |   |                                 |   |
|-----------------------------|------------------------|---|---------------------------------|---|
| <b>Holiday Run for Toys</b> | <b>23<sup>rd</sup></b> | <b>5K run/walk/kids fun run</b>   | <b>Fairfield</b>                | <b>350</b>                                    |
| Dec. 20 9 am                |                        | Sponsored by the Bridgeport Hospital  | Scandinavian Club/S. Pine Cr.Rd |   |
|                             |                        | <a href="https://runsignup.com/Race/CT/Fairfield/TheHoliday5kRunForToys">https://runsignup.com/Race/CT/Fairfield/TheHoliday5kRunForToys</a> |                                 | Collecting toys for the Children's Toy Closet |
|                             |                        | Donations are encouraged & given to benefit the Ffld Police Explorers & Scholarship fund  |                                 |   |

**Race Director, Event Management and Consultant**

**Marty Schaivone** - for info- [msrunningproductions@yahoo.com](mailto:msrunningproductions@yahoo.com) 203-895-6343

Contact Marty directly- For an idea on how we can help you plan, manage & streamline your event. Every event has its own special needs and we can develop a plan to best fit what you need and help your race or walk reach new goals.

Sponsors & volunteers lead to the ultimate success of any event. Please consider our events and charities.

MS Running Productions has taken on new events every year so watch for updates.

**WE TRULY APPRECIATE THE SPONSORS, VENDORS & FRIENDS THAT HAVE SUPPORTED  
M.S. RUNNING PRODUCTIONS FOR THREE DECADES**

HiTek Racing & Tom Kulhawik Club CT & Jim Gerweck HJ Hoffman Printing Star Trophy BIC, Inc  
SoundRunner Fairfield Woodbridge Running Company Bigelow Tea MADD CT Village Bagels Einstein Bagels

**And we are very thankful for the friends, families and volunteers that have made  
our events fun, friendly and safe for over 29 years!**