

# STRATFORD FALL SERIES 2019

**5K Runs for Fitness**

**WEDNESDAYS @ 5:45PM Race Start**

**9/25\*\* – 10/2 – 10/9\*\***

---

**SHORT BEACH –Stratford, CT**

**At Short Beach Pavilion**

---

*Trophies for First Male & Female finisher*

---

**Sponsored by Masonic Daytime Lodge #144**

**3960 Main Street, Stratford, CT 06614**

---

**NO Pre-registered**

**Race Day Registration Starts at 5:00pm**

**Donation Fees: \$10.00 per race OR \$25.00 all Three**

**Post-Race Refreshments for all participants**

**\*\* “Pot-Luck Picnic” after race—9/25 and 10/9**

***Race will cook the Dogs and you can bring your Favorite snack***

---

**Thanks to Soundview Financial Assoc., JLG Designs and HI-TEK Racing for their support**

---

**Questions? Call David Urban (203) 243-9491**